

April 2022, Vol 2. Issue 4

GKO IVY TIMES

The Official Newsletter of AKA Gamma Kappa Omega Chapter

Congrats, Gamma Kappa Omega!

Yvonne Perkins Chapter Connection Award



COMING UP

Chapter Meeting ... April 9
Mentorship Matters ... April 26
Financially Lit Forum ... April 27

GKO's CRC Awards

Small and mighty! See the
awards GKO snared at the
88th CRC! Page 3

MAKE AN IMPACT!

AKA's Day of Impact is
April 8: What are you
doing? Pages 8-9

PRESIDENT'S APRIL MESSAGE

Happy April, Sorors!

Please check out our newsletter to stay informed of all that Gamma Kappa Omega Chapter has going on.

During April, we will celebrate Financial Literacy Month, Sexual Assault Awareness, Stress Awareness, World Autism Awareness Day, Black Maternal Health Awareness month and Alpha Kappa Alpha Sorority, Inc.'s Global Impact Day.

April is a month full of opportunities to engage, educate yourself and advocate on the behalf of others. This April, GKO will be highlighting several workshops focusing on financial literacy topics to equip us and others with the knowledge, skills and access to fiscal responsibility. We will engage with the community reading "Get Good With Money" to set the foundation for financial principles. In addition, we will explore Black Maternal Health and the increasing cases of African American women being impacted significantly.

This is the time to take charge of your finances, start your business and pay off debt and educate yourself about the importance of advocating for one's health. This is a serious matter!

Lastly, if you know someone who lives with autism, know that we will share on social media quotes from loved ones caring for those who are living with autism. These quotes will share the challenges and the blessings of such care.

I challenge you all to dig deep into some areas you would like to grow, serve, and communities that you want to advocate in. Let your voices be heard and your actions seen. Watch documentaries concerning these various issues, search local resources available, read some books, spend time volunteering with these groups and embrace all the greatness that comes with challenges and differences.

April Observances

- * AKA Global Impact Day (April 8, 2022)
- * Black Maternal Health Week (April 11-17, 2022)
- * Esophageal Cancer Awareness Month
- * Financial Literacy Month
- * National Distracted Driving Awareness Month
- * National Nutrition Month
- * Sexual Assault Awareness Month
- * Stress Awareness Month
- * World Autism Awareness Day

Happy April!

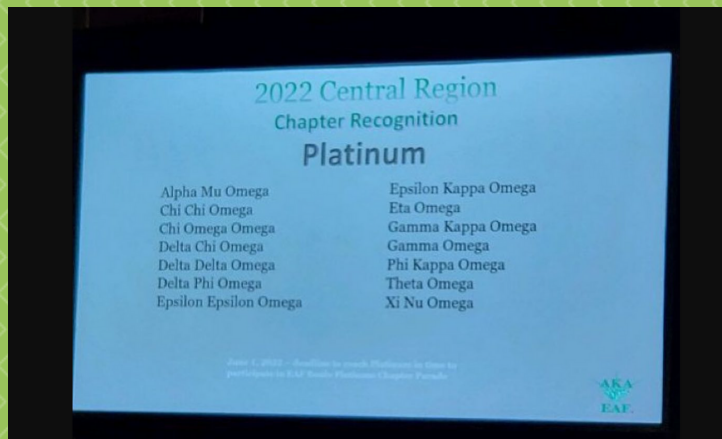
Jacari Henderson
GKO President



Scan to read the
GKO Ivy Times for 2022!



Gamma Kappa Omega Wins Big at Central Regional Conference 2022!



MARCH 17-20, 2022 CHICAGO, ILLINOIS

Overall
Exemplifying Excellence Through
Sustainable Service Excellence Achievement Award

GRADUATE ~ SMALL CHAPTER

RUNNER-UP
GAMMA KAPPA OMEGA

ALPHA KAPPA SORORITY, INCORPORATED®
88th Central Regional Conference
A Charmed Life: A State of Excellence in the Midwest
MARCH 17-20, 2022 CHICAGO, ILLINOIS

Overall
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GRADUATE ~ SMALL CHAPTER

WINNER
DELTA CHI OMEGA

39 of 99 Target 1: HBCU for Life: A Call to Action
Promote and Market HBCUs / Support HBCUs

GRADUATE ~ SMALL CHAPTER

RUNNER-UP
CHI ALPHA OMEGA

ALPHA KAPPA SORORITY, INCORPORATED®
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Target 1: HBCU for Life: A Call to Action
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Target 2: Women's Healthcare and Wellness

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Target 2: Women's Healthcare and Wellness

GRADUATE ~ SMALL CHAPTER

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MARCH 17-20, 2022 CHICAGO, ILLINOIS

Target 3: Building Your Economic Legacy

GRADUATE ~ SMALL CHAPTER

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Target 3: Building Your Economic Legacy

GRADUATE ~ SMALL CHAPTER

WINNER
NU PI OMEGA

Sorors ON THE MOVE

*Congratulations to
Soror Nicola!*

Soror Nicola was promoted to Homeless Liaison in Collinsville, where she serves the homeless students in her district. She has also been accepted into the Master's program at her alma mater, Southern Illinois University-Edwardsville.



*Congratulations to
Soror Natasha!*

Soror Natasha has accepted a new position at Centerstone. Please congratulate her on her new accomplishment!



Soror of the Month

Congrats, Soror Crystal



Soror Crystal is April's Soror of the Month!

She supports GKO behind the scenes by assuring our chapter stays on track of Covid-19 protocol and programming and assists the chapter to continue to move GKO forward.

She also takes the initiative to assist in spearheading programming without having to be asked and serves selflessly.

Thank you for your contributions, Soror Crystal!

Soror Birthdays

April Ladies



Soror Shanita, April 8

Soror Caprice, April 7

Soror Phyllis, April 9

Soror Linda, April 11

Soror Tonya, April 16

Happy AK Aversary



Soror Nicola

April 10

6th AK Aversary



Soror Mia

April 21

th AK Aversary





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Gamma Kappa Omega Chapter



April 8, 2022



AKA GLOBAL IMPACT SPOTLIGHT

Did You Know?

Shawnee Health Service offers the Farmworker Health Program

Medical and social services are provided to migrant, seasonal, and immigrant farmworkers located in Southern Illinois and Southwest Indiana

A team of professional bilingual case managers, outreach workers, and interpreters make service referrals to clients

The program serves over 350 farmworkers and their families

The program services more than 1,300 non-English speaking patients

What Can You Do?

Take the opportunity to learn more about the presence of farmworkers and immigrants in the community and how they positively impact the agriculture industry

Actively participate in donation drives that benefit the farmworker community

Contact:

Karla R. Grathler

Farmworker Health Program Coordinator

618-519-9200 *Option 9*

kgrathler@shsdc.org





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Gamma Kappa Omega Chapter



AKA GLOBAL IMPACT SPOTLIGHT

Did You Know?

The National Immigrant Justice Center provides legal counsel to refugees, asylum seekers, detainees, LGBTQ immigrants, and their families

It is headquartered in Chicago with satellite offices in Washington, DC; Goshen, Indiana; and San Diego, California

A staff of over 100 attorneys, paralegals and professionals provide services to 10,000 immigrants a year with the support of ~1,600 pro bono attorneys

It is the only legal service provider in the Midwest that offers comprehensive immigration legal services regardless of an individual's residency status or criminal history

What Can You Do?

Stay informed about the immigration policy so you can speak up to elected officials

Donate to reunite a family, free a detainee, or save an immigrant from being deported

www.immigrantjustice.org/donate

@aka1908gko

Contact:

Heartland Alliance for Human Needs & Human Rights
National Immigrant Justice Center
224 S. Michigan Ave, Suite 600, Chicago, Illinois 60604
ph: 312-660-1370 | fax: 312-660-1505

www.immigrantjustice.org

SCAN HERE
TO DONATE



NATIONAL IMMIGRANT
JUSTICE CENTER
A HEARTLAND ALLIANCE PROGRAM

NATIONAL IMMIGRANT
JUSTICE CENTER
A HEARTLAND ALLIANCE PROGRAM

Greek Sisterhood Forum



For a third year, members of the four Divine 9 Greek-letter sororities came together to celebrate sisterhood in an enlightening session where they delved into the myth of the "Strong Black Woman Syndrome:

Leading the discussion was Dr. Marquitta Bowman, assistant director of CAPS, Director of Training, at Southern Illinois University.

Dr. Bowman talked about the mental health needs of Black women, noting that African American women are 2.4 percent more likely to report feeling sad and 5.8 percent more likely to experience post-partum depression.

'Who is going to take care of the caregiver, of this Strong Black Woman?'

~ Dr. Marquitta Bowman

ALPHA KAPPA ALPHA

AKA

DELTA SIGMA THETA

DST



SIGMA GAMMA RHO

SGR

ZETA PHI BETA

ZPB

Resources from Dr. Bowman

- <https://www.blackmentalhealth.com/>
- <https://www.blackmentalwellness.com/>
- <https://www.melaninandmentalhealth.com/about-us/>
- <https://www.sistaafya.com/>
- <https://therapyforblackgirls.com/>

Therapy

- <https://www.inclusivetherapists.com/>

Greek Sisterhood Forum



ALPHA KAPPA ALPHA
AKA

DELTA SIGMA THETA
DST

ZETA PHI BETA
ZPB

SIGMA GAMMA RHO
SGR



**"It's not that we
are strong:
It's that we have
no other choice."**

~ Dr. Marquitta Bowman





April is Sexual Assault Awareness Month



Sexual Assault Awareness Month

**Support
Survivors**
during Sexual
Assault
Awareness
Month



Source: <https://www.nsvrc.org/saam/2022/learn>



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Gamma Kappa Omega Chapter



BLACK MATERNAL HEALTH WEEK

April 11th - 17th, 2022

In 2020,
861 women were identified
as having died of maternal
causes in the United States,
compared with 754 in 2019.
- According to the CDC

Maternal mortality rates
for Black women are
significantly higher than
rates for White and
Hispanic women.
- According to the CDC

In 2020,
the maternal mortality rate
for Black women was 55.3
deaths per 100,000 live
births. This is 2.9x more
than White women.
- According to the CDC

22% of Black women
receive a lower quality of
care than White women
and are subjected to
discrimination in the
healthcare field.
- According to the NCBI

SCAN HERE
TO DONATE



Please make donations to support the cause for
Black Mamas Matter Alliance

www.mightycause.com/donate/Black-Mamas-Matter-Alliance

@aka1908gko

@aka1908gko



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Gamma Kappa Omega Chapter



BLACK MATERNAL HEALTH FORUM

A discussion with a panel of nurses and
doctors to provide awareness about
Black maternal health in the US.

SCAN HERE
TO REGISTER



TUESDAY, APRIL 12TH, 2022
7:08 PM TO 8:08 PM
FREE ADMISSION
VIA ZOOM



Forum Speaker

Dr. Eboni January

Award-Winning Board Certified OB-GYN
Health & Fitness Coach
Author



Stress Awareness Month

Stress Awareness Month:



Stress Awareness Month happens each April. It's important to learn some strategies for coping with this particular silent scourge. Learning to cope with our stress and finding healthy ways to deal with these situations can go a long way in living a healthy and positive life.

1. **Exercise.** You've probably heard this one before, and even though it's probably not exactly what you want to do when you're feeling stressed (because laying on the couch and watching movies sounds more appealing), exercising gets endorphins pumping through your brain, which triggers a happy feeling. Exercise lowers your body's stress hormones like cortisol, and releases chemicals that make you feel more at peace.
2. Think about taking **natural supplements** to help you feel more at ease. Natural remedies like lemon balm, omega-3 fatty acids, ashwagandha, green tea, and essential oils are very helpful.
3. **Light a candle or turn on the oil diffusers**, put on some soft, soothing **music** and **dim the lights**. Take a **deep breath** and count your blessings.
4. **Caffeine intake reduction** can help (even though it's tough to kick the coffee!) because caffeine tends to make us jittery, which can cause stress and anxiety.
5. **Spend time laughing with friends and family.** Let yourself have a good time and get your mind off the busyness of the real world.

Mental Health Matters...

10 Mental Health Tips



Exercise



Relaxation



Time Outdoors



Good Diet

Sleep



Gratitude



Routines



Socializing



Avoid Drugs



Get Help

SLEEP TIPS

Get a good night's sleep for better mental health



Stick to a schedule



Avoid alcohol, caffeine and nicotine



Don't nap late in the day



Don't eat too much before bedtime



Monitor your medications



Make time to relax before bed



Have a comfortable place to sleep



SOURCES: National Institutes of Health
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Autism Awareness Month

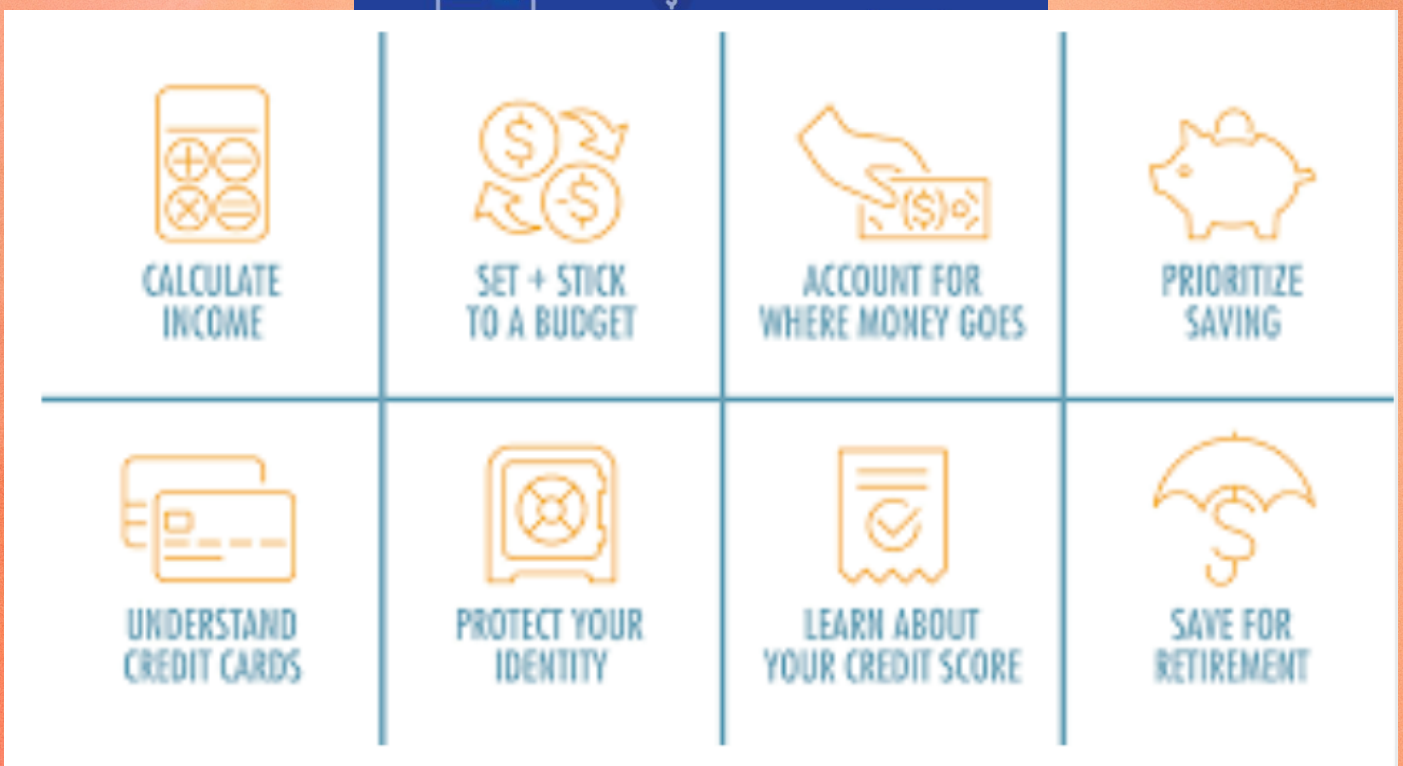
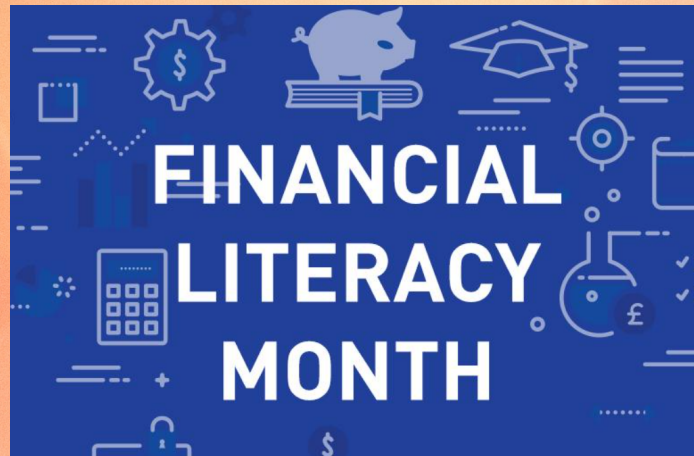
World Autism World Day-4/2



<https://www.autismspeaks.org/world-autism-month?form=FUNWBJTNWBS>



Financial Literacy Matters



“

FINANCIAL LITERACY IS AN
IMPORTANT PART OF
AVOIDING FINANCIAL
MISTAKES AND PLANNING
FOR A STRONG, SECURE
FINANCIAL FUTURE.

”

TIM PAWLENTY, FINANCIAL SERVICES ROUND TABLE, PRESIDENT & CEO

MAKING MONEY MATTER!

Financial Goals

- Set 3 Financial goals you would like to achieve this year.
 - 1 Short-term goal
 - 1 Long-term goal
 - One financial challenge
- Start a savings challenge.
 - Aim to save at least a minimum of $\$50 \times 12 = \600
- Start an emergency fund account.
 - Aim to save \$500 before the end of the year by saving $\$50 \times 12 = \600
- Get an accountability partner.

Finance Tips

- Credit Cards
 - Minimize applying for additional credit cards.
 - 3 Credit Cards should be maximum
 - Credit card usage should remain under 30% on each card
- Debt:
 - Debt to Income Ratio (DTI)
 - Amount of Debt you Owe / Amount of Your Earnings = Debt-to-income ratio
 - Debt- Student Loans, Credit Cards, Car, Mortgage
- Budgeting
 - Create a monthly Budget
 - Use the cash envelope system
 - Create a debt payment schedule/plan

ECONOMIC LEGACY: AKANTABLE-2023 AKAREADY DUES PAYMENT PLAN

Sorors, let's start 2023 off right and hold ourselves accountable to be fiscally responsible in preparing for next year's dues. We can do it together! Let's start paying \$50 each month for our 2023 dues. Sorors, paying \$50 per month will get you \$350.00

ECONOMIC LEGACY: AKANTABLE-2023 AKAREADY DUES PAYMENT PLAN								
2023 Dues Payment Plan								
	April	May	June	July	August	September	October	Total
	\$50.00	\$50.00	\$50.00	\$50.00	\$50.00	\$50.00	\$50.00	\$350.00

https://www.convergepay.com/hosted-payments/?ssl_txn_auth_token=PSDKP%2FynTmm76GEx8UsO7gAAAXj%2FT4qs#!/payment-method



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FINANCIALLY LIT BOOK CLUB

Meeting Dates:

April 6th, 2022 | 7:08 PM - 8:08 PM
April 20th, 2022 | 7:08 PM - 8:08 PM

Via Zoom
Free Admission

Join us this Financial Literacy Month to discuss the finance book

Get Good with Money by Tiffany 'The Budgetnista' Aliche.

A New York Times, Wall Street Journal, and USA Today Bestseller





ALPHA KAPPA ALPHA SORORITY, INCORPORATED ®

Gamma Kappa Omega Chapter



FINANCIALLY LIT WORKSHOP

Join us this Financial Literacy Month to learn
how to build and protect your economic legacy!

APRIL 27TH, 2022
7:08 PM – 8:38 PM
FREE ADMISSION
VIA ZOOM



<https://www.eventbrite.com/e/financially-lit-workshop-tickets-311143096377>



Register @

<https://www.eventbrite.com/e/financially-lit-workshop-tickets-311143096377>

Soror Artist Exhibit @ African American Museum of Southern Illinois

**Art Portrait Series
of
Fern Logan**

**On Exhibit @ AAMSI
Through
April 23, 2022**



**Introducing:
*Fern Logan***

“The Artist Portrait Series”

at the

**African American Museum of Southern Illinois
University Mall, Carbondale, IL**

Across from Bath & Body Works

(Entrance is near the SIH Breast Center where the senior parking is located.)

Opening Reception

Saturday, March 26, 2022, 1 pm to 3 pm

Exhibition Dates: March 24 – April 23, 2022

For more information, please contact DeSande R at 618.319.3483. Museum hours are 11 am – 5pm, Tues. – Sat.



88th Central Regional Conference



88th Central Regional Conference

Soror Linda



My experience with my first conference was interesting as well as informative. I learned a lot of "do's and don'ts." The one thing I love the most was meeting new Sorors and being greeted so warm and friendly. I enjoyed and loved seeing members of GKO I hadn't met in-person and finally just being part of a sorority of so many amazing and impressive women. I'm so grateful for this experience.



**GKO Vice President Markea H., President Jacari H.
and Treasurer Monica D. march in the Banner
Welcome parade on 18 March 2022.**

88th Central Regional Conference



88th Central Regional Conference

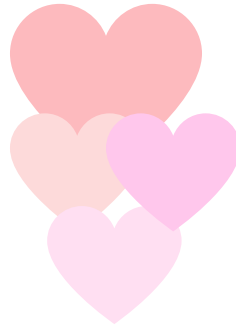
**Congratulations, Gamma Kappa Omega
Soror of the Year Shanita Adams!**



GKO salutes Soror Shanita, who has led the chapter in our sisterly relations, educating members about sisterliness and the importance of coming together as Sorors to reach our chapter goals and new heights. She has also assisted in planning our virtual retreats throughout the pandemic and has served as GKO's Anti-Tamiouchos.

Soror, GKO values your passion and service to our chapter and community: *Congratulations, again!*

88th Central Regional Conference



Soror Crystal R-M

The 88th CRC was so amazing!! I was overjoyed seeing all the sorors from the others states! It felt like a family reunion! I enjoyed the Parliamentary Procedures and Targets with Tressa. I understand more now that what we do with the Targets at the Regional level increases the overall goal of the organization.

GKO is small but mighty and that's what I love about us. *We 'gets' it done!* I loved the app!!! It was user-friendly and so easy to navigate through! Sunday's Spirituality Breakfast took us to CHURCH!! This was one of my favorite, but saddest, days, because I knew my co-initiates and I would be leaving each other after the breakfast. I enjoyed their company and love and have lots of pics to show for it! *My heart is full!*

88th Central Regional Conference

Soror Marilyn H.

I enjoyed seeing the Neos enjoy their first experience at Central Regional Conference. When I got there, I realized I was the only seasoned soror representing GKO. You would not believe the questions I received from other sorors asking where were Sorors Faith and Deb. I enjoyed the experience being with Delta Beta (DB) and schooling them on what to expect.

I attended the Sisterly Relations workshop with one of the Delta Beta Sorors. However, that workshop wasn't on my agenda, but I found it necessary to attend that session. As the chapter's advisor, on several occasions, I had to play the Big Sister/Mother roles throughout the conference. However, it was my pleasure to help alleviate any situations that occurred. My favorite thing is networking with sorors and observing the Plenary/Dais sessions.



88th Central Regional Conference

Soror Caprice R.



The one word that comes to mind from the Central Regional Conference is '*Audacious*.' As I had the opportunity to be at a conference with such powerful, strong women, I have been challenged to be more '*audacious*.' I found it so inspiring to be surrounded by women with not only a wealth of knowledge, but who were willing to share with other women in our sisterhood. I think too often we underestimate the impact of strong women leading other strong women~ that it can be a missed opportunity. Yet, being at this conference, I felt challenged and motivated to be '*present in the room*' and to be willing to take bold risks in hopes of not only passing on the knowledge attained here but continuing the legacy of this sisterhood.

Soror Regina H.

AKA Enjoyment!

Attending the 88th regional conference was a learning experience for me. I enjoyed attending the different workshops and events to learn more about the different entities of our illustrious Sorority.

The comraderie of being in the presence of women of excellence was absolutely incredible!

I look forward to attending many more regional conferences in the future.



88th Central Regional Conference



Soror Carla C.

There isn't a word I could think of that summed up the 88th CRC, but a plethora of words such as: exciting, overwhelming, exhausting, enlightening, fun, life-changing, did I say exhausting? I learned so much beginning with 'how to pack for next year' ending with 'how NOT to pack for next year!' But in all seriousness, as a new Soror I'm so glad I went and experienced it all. I attended Protocol 1 and 2 and learned the reasons behind the whys. But most importantly, protocol helps to keep all of our chapters (although unique in location, size, and age) operating in excellence and consistency.



"Inspiring."

***"Feeling inspired, as I sat as a first-time delegate,
with Soror Monica, in Plenary 2. "***

~ Soror Candace J.

88th Central Regional Conference

Soror Markea H.

CRC for me is a time to serve, learn, grow, connect and reconnect. I was able to reconnect with former members of the University of Illinois Gamma Chapter, pictured below (#2): Soror Raven Hill, Soror Markea Haywood, and Soror Tamara Pope.

For the last five years, I have served on the Central Region Protocol Committee. This year, I had the privilege of escorting a Very Special Guest from the North Atlantic Region, Joy Elaine Daley, International Regional Director and International Pandemic Task Force Committee Chairman. Joy Elaine Daley is a certified candidate for the position of First Supreme Anti-Basileus. (Picture #5)

I also attended the Parliamentary Institute and Parliamentary Procedure workshop ~ "Time to Practice It With Confidence and Assurance" ~ where Soror Nichole Wilson was the presenter. In picture #3, I'm photographed with Soror Nichole Wilson, International Constitution Committee and Central Region Representative for the International Nominating Committee-Elect.



88th Central Regional Conference

Soror Stephanie

Recalibrated!

CRC 88 inspired me to be the best me I can be. In those few short days, I ~ in the flesh ~ met Sorors I'd only come to know through Zoom and those, like Madam Basileus ~ whom I hadn't seen in more than a year. I also attended workshops, like the AKA Educational Advancement Foundation session, where I met director Erika Everett and another PowerHouse Soror (who fundraises for the Indiana University Foundation) who assists EAF in its organization. Learned how a \$1,000 seed could start an endowment of one's own, and in memory of anyone of one's choosing. Also learned a great deal about Protocol in the Protocol workshop. ... and, of course, just being in 'Pink and Green Nation' was refreshing! *Let me say again: **Recalibrated!!!***



Soror Jacari



My favorite thing about attending the 88th CRC in-person conference was being surrounded by love of my GKO Sorors. Our NEOs kept me laughing and were the life of the conference. I enjoyed hospitality from the Conference hostess chapters in welcoming Sorors to their city and the bonds you saw continue to grow and foster during activities. Secondly, being able to spend time with my mentees enjoying their company and friendships. Also, seeing several Sorors from our Region in-person and being able to hug them, embrace and congratulate them. In addition, seeing my Co-Initiate Shanita Adams recognized for all of her hard work and assistance in the chapter was icing on the cake. Lastly, I want to thank every Soror who prayed with me, consoled me and was there for me during a family emergency that occurred during the conference. I am forever grateful for my GKO Sorors. Being able to be there for one another in the difficult times makes the difference.

88th Central Regional Conference

Soror Monica

Reconnecting:

I had a charming experience connecting with my Sorors in-person!

A highlight for me was standing and representing GKO in the FOC class and the Programming workshop to answer a question in each of these classes add to a healthy discussion. After the FOC class, a Soror from another chapter even pulled me aside to asked for my contact info. She said I was so knowledgeable about chapter finances and she'd love to receive mentorship and guidance from me.

I attended the Programming workshop with my Legacy. When I raised my hand to add to the discussion, Soror Tresa Dunbar-Garrett called on me, calling me "baby." I was surprised and responded to the compliment, stating that I was not that young and was at the conference with my Legacy... She and the class were surprised. I was responding to a question from a new undergrad Soror from another chapter who wanted to know "how to share her programming ideas." I shared that programming ideas are gathered as part of the budgeting process in the fall of the year. I suggested that a post-MIP orientation would be nice so that our new Sorors would have a standard process in place on what to expect, what happens next after MIP, and what detailed chapter processes are.



Soror Jamila

This was my first CRC, and I would describe this experience as exhilarating. I was excited to bond and connect with my co-initiates in-person since it had been so long that we'd all been together. It was also finally nice to connect with the other Sorors of GKO. As this was my first CRC, it was also overwhelming (in a good way) because I didn't know the process. I had a lot of sessions back-to-back, so changing in-between sessions/events was a challenge.

I also enjoyed both the Sisterhood Luncheon and the Spiritual Breakfast. One of the amazing things to experience was the Stroll Soul Train line and seeing the Sorors who were initiated in the 1950s.



Chaplain's Corner



“

Lord Jesus,
How can I ever repay
You for what You've done?
Thank You for paying
the debt for my life. Thank
You for erasing my sin
and calling me Your own.
I am no longer a slave to
sin or in debt to a holy
God. I am a child of God.
In Jesus' Name, Amen.”

ARLENE PELLICANE



GKO Prayer Line
Dial-in number
(605) 313-4464; access code 680232

From the GKO ArchIves



AKA GKO Scholarship 2022



ALPHA KAPPA ALPHA SORORITY, INCORPORATED ®

Gamma Kappa Omega Chapter



Thelma Gibbs Walker Scholarship



GAMMA KAPPA OMEGA CHAPTER OF ALPHA KAPPA ALPHA SORORITY, INC. IS AWARDING HIGH SCHOOL SENIORS WITH AN ACADEMIC SCHOLARSHIP TO CONTINUE THEIR EDUCATION FOR THE 2022-2023 SCHOOL YEAR

ELIGIBILITY REQUIREMENTS:

- **FULL-TIME AFRICAN AMERICAN MALE OR FEMALE HIGH SCHOOL SENIOR**
- **RESIDES IN SOUTHERN ILLINOIS (JACKSON/WILLIAMSON COUNTIES)**
- **DEMONSTRATED COMMUNITY SERVICE INVOLVEMENT**
- **IDENTIFY HONORS AND AWARDS**
- **COMPLETED APPLICATION FORM (TYPED)**
- **TYPED PERSONAL ESSAY**
- **TWO (2) LETTERS OF RECOMMENDATION: ONE (1) ACADEMIC AND (1) PROFESSIONAL OR PERSONAL (NON-RELATIVE/FAMILY MEMBER)**
- **OFFICIAL HIGH SCHOOL TRANSCRIPT MUST INCLUDE A CUMULATIVE GPA OF 2.5 OR HIGHER**
- **COLLEGE ACCEPTANCE LETTER**

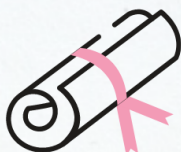
COMPLETED APPLICATION PACKETS MUST BE EMAILED TO

AKA1908GKO@GMAIL.COM

ATTN: SCHOLARSHIP COMMITTEE

SUBMISSION DEADLINE

MAY 1ST, 2022



AKA GKO Scholarship 2022



Alpha Kappa Alpha Sorority, Incorporated Gamma Kappa Omega Chapter



Thelma Gibbs Walker Scholarship Application Form

Founded in 1908 at Howard University, Alpha Kappa Alpha Sorority, Inc. is the oldest Greek-letter organization established in America by African American college women. Since its founding, the sorority has flourished into a globally impactful organization of over 300,000 college trained members, bound by the bonds of sisterhood and empowered by a commitment to servant-leadership that is both domestic and international in its scope. Gamma Kappa Omega Chapter is an alumnae chapter of Alpha Kappa Alpha Sorority, Inc. serving Southern Illinois since 1941.

Thelma Gibbs Walker Scholarship Criteria

- * Full-time African American male or female high school senior.
- * Resides in Southern Illinois (Jackson/Williamson counties).
- * Minimum GPA of 2.5 on a 4.0 scale.
- * Demonstrated community service involvement.
- * Identify honors and awards.

**APPLICATION PACKETS MUST CONTAIN ALL OF THE ITEMS BELOW.
INCOMPLETE APPLICATION PACKETS WILL NOT BE CONSIDERED.
NO EXCEPTIONS.**

1. Completed typed application form including a typed Personal Essay (See Section D)
2. Two (2) typed letters of recommendation. One (1) academic and one (1) professional or personal (non relative/family member). Letters must include the recommender's contact information.
3. Official transcript from high school. This transcript MUST include **cumulative** GPA.
4. Certification of Admissibility or College acceptance letter for the 2022-2023 academic school year must accompany this application.

How to Apply

Complete the official Thelma Gibbs Walker Scholarship Application Form (attached). **Applications must be signed by a parent/guardian.**

Completed application packets must be emailed by the application submission deadline to: aka1908gko@gmail.com

AKA/GKO
aka1908gko@gmail.com
ATTN: Scholarship Committee

AKA GKO Scholarship 2022



Alpha Kappa Alpha Sorority, Incorporated
Gamma Kappa Omega Chapter



Thelma Gibbs Walker Scholarship Application Form

Section A: Contact Information

First Name _____ Last Name _____ Middle Initial _____
Address _____ City _____ Zip Code _____
Contact Phone _____ Email _____
Parent(s)/Legal Guardian Name _____ Parent's/ Guardian's Phone _____
Parent(s)/Legal/Guardian Address _____
Are you Employed: Yes or No ☐ If Yes: Name of Employer _____
School Attendance (High School) Start Dates: _____
End Dates: _____
Expected Date of Graduation: _____

Section B: Leadership, Volunteer/Academic Service Activities

1. List high school extra-curricular activities

2. List school sponsored clubs/activities (student council, chorus, etc.)

3. List community activities (#CAP, church, volunteering, etc.)

4. Work Experience

Section C: Awards/Honors

List recognition/awards/memberships

AKA GKO Scholarship 2022



Alpha Kappa Alpha Sorority, Incorporated
Gamma Kappa Omega Chapter
Thelma Gibbs Walker Scholarship Application Form



Section D: Personal Essay

In a separate document, complete a **200-250** word, typed, double spaced essay on the following topic:

One of the five tenets of Alpha Kappa Alpha Sorority, Incorporated's mission is to be of "Service to All Mankind". Discuss the importance of community service.

Section E: University/College Acceptance

List university/college to which you have been accepted to attend:

Note: Certification of Admissibility or College acceptance letter for the 2022-2023 school year must accompany this application.

Certification

I hereby certify that all information in this packet is accurate and complete to the best of my knowledge. I understand that submitting false or inaccurate information/claims may result in forfeiture of scholarship. In the event my son/daughter is selected as a recipient, I hereby grant permission to the Gamma Kappa Omega Chapter to publish his/her name and photo in the media (including social media)

Student Signature/ Date

Parent/Guardian Signature /Date

Applications should be submitted no later than May 1, 2022. Based upon submissions, Alpha Kappa Alpha Sorority, Inc. reserves the right to extend the application deadline.

For direct inquiries related to this scholarship or more information about Alpha Kappa Alpha Sorority, Inc., and the Gamma Kappa Omega Chapter, please visit www.akagko41.com.

The Alpha Kappa Alpha Sorority, Inc. Gamma Kappa Omega Scholarship Committee reserves the right to request personal interviews if necessary. Scholarship recipients shall be notified by letter of the award decision and may be asked to attend a formal award ceremony.

Recipient will receive award in two separate allotments for the academic year for each semester enrolled.

All information is kept confidential.

***Jacari Henderson, President
Alpha Kappa Alpha Sorority, Inc., Gamma Kappa Omega Chapter***

AKA Sorority Protocol Quiz

1. During a chapter meeting, what should a member do to be recognized to speak?
2. How many members are on the Directorate?
3. If the president has to vacate the chair during the meeting, who will assume it?
4. **True or False:** Minutes from a chapter meeting, as closely as possible, should note everything that happened in the meeting, and who said what and who made and seconded motions.
5. Which has higher ranking in a chapter's meetings: Roberts' Rules of Order or the Chapter's Bylaws?

BONUS: Who was the first president of Alpha Kappa Alpha Sorority, Inc.?

ANSWERS: 1). Raise her hand and wait to be recognized by the Chapter President. 2). 18 3). The First Vice President. 4). **False:** Minutes should reflect the essence of what transpired during the meeting. 5). The Chapter's Bylaws.

Serious Matters

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APRIL 2022

- * **Financially Lit Book Club: April 6, 2022 (7:08 p.m.)**
- * **Prayer Call: April 8, 2022**
- * **April Chapter Meeting: April 9, 2022**
- * **Resurrection Sunday: April 17, 2022**
- * **Financially Lit Book Club: April 20, 2022 (7:08 p.m.)**
- * **Prayer Call: April 22, 2022**
- * **Financially Lit Forum: April 27, 2022**
- * **April Newsletter Deadline: April 27, 2022**
- * **Gamma Kappa Omega Masquerade Ball: April 29, 2022 (6:08 p.m.)**
- * **Ivy Sneaker Ball (Members Only): April 30, 2022**

MAY 2022

- * **GKO Scholarship Deadline: May 1, 2022**
- * **Virtual AKA Day at the Capital: May 11, 2022 (9 to 11:30 a.m.)**
- * **Prayer Call: May 13, 2022**
- * **May Chapter Meeting: May 14, 2022**
- * **Prayer Call: May 27, 2022**
- * **May Newsletter Deadline: May 27, 2022**

JUNE 2022

- * **Prayer Call: June 10, 2022**
- * **Prayer Call: June 24, 2022**
- * **June Newsletter Deadline: June 27, 2022**

JULY 2022

- * **Boule: July 10-15: Boule, Orlando, Fla.**
- * **July Newsletter Deadline: July 27, 2022**

Newsletter Submissions

We'd love to hear your news for GKO Ivy Newsletter!

The deadline to submit an item to the GKO Ivy Newsletter is the 27th of the month for the next issue. If submitting photos, please identify the event and each person in the photo (from left to right).

Submitted items are to be emailed to: 20PearlsPink@gmail.com.