



Alpha Kappa Alpha Sorority, Inc.
Gamma Kappa Omega Chapter
Delta Beta Chapter



Pink Goes Red

Pretty Girls Sweat Too!



Trap Cardio Edition

PLEASE JOIN US FOR A
VIRTUAL 30 MINUTE CARDIO
WORKOUT TO ENCOURAGE AND
PROMOTE HEART HEALTH



February 5th, 2021

5:08 PM

Zoom

Facilitated by GKO's own
Shannon Butler, Fitness
and Herbal Life Coach
based in Atlanta, Georgia
at Stick Shift Fitness